

# Hope is Born: *Journal Worksheet*

Date: \_\_\_\_\_

**Scripture Passage:** \_\_\_\_\_

**Read (or listen) to the passage slowly and carefully. Identify a word or phrase that captures your attention or jumps out at you.**

**My word/phrase:** \_\_\_\_\_

**Reflect on the passage using the following prompts:**

- How does the word or phrase you identified connect to your work in this season?
- What emotions surface for you as you think about that word or phrase?
- In what ways does the word or phrase you identified connect with something you hope for in this season?
- During Advent, we focus on our hope that Jesus will come again to make all things new. In what ways is the hope we have in Jesus good news for you today?

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**Request understanding and wisdom from God.**

**Respond to God by deciding on one specific attitude or action you're going to adopt today, in your work, in response to what you've discovered so far.**

**My response:**

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