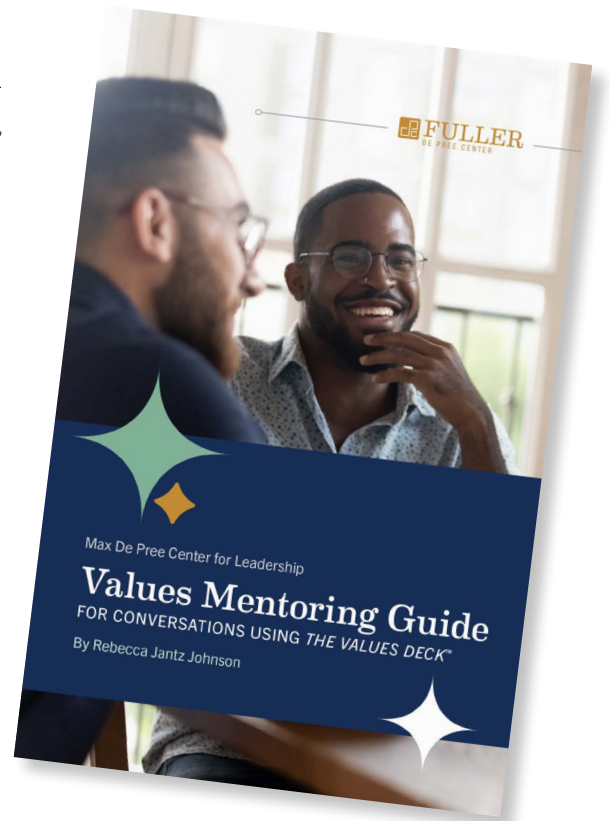


# Using the *Values Mentoring Guide*

Developed by Executive Coach Rebecca Jantz Johnson, *The Values Deck™* consists of 72 cards designed to help you clarify and process your core values. Each card contains a value on one side of the card and a question on the other. These cards can be used with or without the *Values Mentoring Guide*. Some additional ideas for using *The Values Deck™* can be found on Rebecca's website, [story.solutions](http://story.solutions).

Rebecca developed the *Values Mentoring Guide* for the [De Pree Center](http://DePreeCenter.org). The guide is structured around four key mentoring skills: Listening Well, Asking Good Questions, Creating a Safe Mentoring Environment, and Sharing Wisdom. Each section introduces the skill and then offers an exercise for practicing that skill using *The Values Deck™*.



Each of the exercises should take 30 to 45 minutes. At the end of each section, you'll find a set of questions designed to help you reflect on the conversation you just had. If you would like to use the *Values Mentoring Guide* and *The Values Deck™* to structure your mentoring meetings, you may want to follow the outline provided on the next page.





**0:00 Welcome**

**0:05 Opening Prayer**

- ◆ Take a minute or two to focus on the mentoring meeting and to ask God's blessing on your time together.
- ◆ A sample prayer has been provided below.

**0:07 Conversation**

- ◆ Select one of the exercises from the *Values Mentoring Guide*.

**0:45 Reflection**

- ◆ Take turns responding to the reflection questions in the *Values Mentoring Guide*.

**0:55 Planning**

- ◆ Make a plan for the next mentoring meeting.
- ◆ Put the date and time into your calendar.

**0:58 Closing Prayer**

- ◆ Take a moment to close in prayer, thanking God for your time together and asking the Spirit to help you both learn and grow as a result of the conversation.
- ◆ A sample prayer has been provided below.

**0:60 Adjourn**

## SAMPLE OPENING PRAYER

*God in Heaven, we thank you for bringing us together today. Direct our conversation. Help us to be attentive to one another and to your Spirit. Give us ears to hear and eyes to see, that we may love you more fully and glorify Jesus in all that you have called us to do. Amen.*

## SAMPLE CLOSING PRAYER

*Lord of all, we thank you for the time we have had together. We ask that, by your Spirit, you would help us both to learn and grow as a result of our conversation. Through this mentoring relationship, please transform us so that we increasingly reflect the likeness of your Son, Jesus Christ. Amen.*

