

Mentoring Guide

52 Workday Prayers, Part 1 & Part 2

INTRODUCTION

This mentoring guide can be used to facilitate conversations using *52 Workday Prayers*, [Part 1](#) & [Part 2](#). These devotionals teach us how to pray about our work using the psalms as a guide.

PLANNING AND PREPARATION

- ◆ Both you and your mentee will need a copy of *52 Workday Prayers*, [Part 1](#) or [Part 2](#). You can purchase a digital version through the De Pree Center's online store.
- ◆ Ask your mentee to select the psalms or topics that most interest them. You might begin with 6-7.
- ◆ Work together to make a schedule for when you'll discuss each of the selected psalms.

IN YOUR MENTORING SESSION

On the following pages, we have provided a sample mentoring session outline with some questions to help facilitate your conversation.



SAMPLE MENTORING SESSION OUTLINE

0:00 Welcome

0:05 Opening Prayer

- ◆ Take a minute or two to focus on the mentoring meeting and to ask for God's blessing on your time together.
- ◆ A sample prayer has been provided below.

0:07 Read the Psalm

- ◆ The devotional contains an excerpt from the psalm, but we encourage you to read it in its entirety using a Scripture translation that's familiar to you.
- ◆ Consider reading the psalm together aloud and then perhaps silently to yourselves.
- ◆ For longer psalms, you may want to read 20-25 verses that include the excerpt printed in the devotional.

0:12 Read the Printed Prayer

- ◆ Begin by reading the prayer aloud. Then, read it silently to yourselves.

0:15 Discuss the Psalm and Prayer

- ◆ Discussion prompts have been provided on the next page.
- ◆ Remember to keep the conversation going by
 - ◇ reflecting or mirroring back what you heard;
 - ◇ asking a clarifying question; or
 - ◇ asking a follow-up question.
- ◆ Offer wisdom and advice when warranted, but be careful not to dominate the conversation.

0:55 Planning

- ◆ Make a plan for the next mentoring meeting.
- ◆ Put the date and time into your calendar.

0:58 Closing Prayer

- ◆ Take a moment to close in prayer, thanking God for your time together and asking the Spirit to help you both learn and grow as a result of the conversation.
- ◆ A sample prayer has been provided below.

0:60 Adjourn

SAMPLE OPENING PRAYER

Mighty God, we thank you for your Word. In the Scriptures we find wisdom and instructions for life and godliness. As we come to this psalm today, teach us, we pray. Help us to be attentive to one another and your Spirit. Give us ears to hear and eyes to see, that we may love you more fully and glorify Jesus in all that you have called us to do. Amen.

DISCUSSION QUESTIONS

- ◆ What drew you to select this psalm or topic?
- ◆ As we read the psalm, did any words or phrases jump out at you? If so, why do you think they stood out today?
- ◆ What parts of the prayer resonated with you?
- ◆ In what ways does this prayer connect with what you've been experiencing in your work lately?
- ◆ What invitation from God do you sense today as a result of reading this psalm and prayer?
- ◆ In what ways can I support you as you respond to God's invitation?

SAMPLE CLOSING PRAYER

Loving God, we thank you for your nearness to us through your Word. We ask that, by your Spirit, you would help us both to learn and grow as a result of meditating on this psalm. Help us to respond to your invitations to us with courage and faithfulness. Amen.

*Make me understand the way of your precepts,
and I will meditate on your wondrous works.*

- Psalm 119:27, NRSV -